



PARENT/GUARDIAN WAIVER & RELEASE FORM
(POST INJURY OR ILLNESS)

Child's Name: _____ ("My Child")

I am the parent/guardian of the above-named child, a rower participating on your team and I am aware he/she has missed practices and/or races due to an injury or illness.

My Child has been examined or treated, to my satisfaction, by a currently licensed physician in connection with this injury or illness. This physician has approved My Child's return to practice and racing without any restrictions or limitations. For this reason I request that Ridgewood Crew's coaches permit My Child to return to the team.

I hereby give my full consent and approval to My Child's continued participation in Ridgewood Crew practices and races, without limitation or restrictions, for the balance of the current Spring season. I understand that there are certain risks of injury and illness inherent in the practice and races of crew, including exacerbation or recurrence of prior injuries and other medical conditions, and I hereby accept and assume all such risks.

I hereby represent and confirm that My Child has fully recovered from his/her injury or illness, is capable of participating in crew practices, events and races without any restrictions or limitations.

In addition, I hereby release, absolve, and discharge Ridgewood Crew and its officers, directors, coaches, sponsors, supervisors and representatives from any claim or liability in any way relating to or resulting from the injury or illness referred to above.

This release and waiver supplements but does not replace the waiver and release that either I, my spouse or another guardian of the child gave to Ridgewood Crew at the beginning of the current Spring season.

Signature of Parent/Guardian: _____ Date: _____

Name of
Parent/Guardian: _____